

F. No. G-20013/2/2023-NSS
Government of India
Ministry of Youth Affairs & Sports
Department of Youth Affairs
(NSS Section)

Shastri Bhawan, New Delhi
Dated the 1st February, 2024

To

1. All State NSS Officers, State/UT NSS Cells
2. All Regional Directors of NSS

Subject: Issues and possible solutions for timely utilization of National Service Scheme Funds at Unit level – instructions - reg

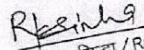
Madam/Sir,

I am directed to refer to the subject cited above and to inform that a huge unspent balance is available with the Central Nodal Agencies (CNAs) as per the 01 report of the PFMS. In this regard, various communications were issued and various virtual meetings were held to utilize this unspent balance.

2. During these meetings, it has come to the notice that the NSS Units at Schools, Colleges, Universities level are not able to make the expenditure due to the following reasons:

- (i) PFMS is not accessible at the remote areas where the vendors may be registered
- (ii) Small expenditure/petty expenditure like water or edible items may not be done through PFMS
- (iii) Local/small vendors need the cash payment not through PFMS

3. Keeping in view para 2 above, the matter was examined in the Department in consultation with the Integrated Finance Division (IFD) of this Ministry and PFMS Offices. In this regard, it has been informed that there is an option to withdraw an advance under PFMS. Accordingly, the Programme Officer (PO) may registered himself/herself as a vendor to withdraw an advance to organize the NSS activities. In this regard, a CNA manual to withdraw the advance is also attached for ready reference (please refer the pages 25-27 of CNA manual).


रवि कुमार सिन्हा / Ravi Kumar Sinha
अवर सचिव / Under Secretary
युवा कार्यक्रम एवं खेल मंत्रालय
M/o Youth Affairs & Sports
भारत सरकार, नई दिल्ली
Govt. of India, New Delhi

4. Further, the details of withdrawal of advance payment and details of requirements of bills for payments are as follows:

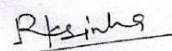
Details of withdrawal of advance		
Maximum upto Rs. 5000	At a time	Account settle within one month
Bills requirement against the advance payment		
Above Rs. 500 upto Rs. 5000	Bill voucher would be required against the expenditure	Account settle within one month
Upto Rs. 500	Hand bill may be generated	Multiple bills upto Rs.500 for the same item will not be permissible and also settle the account within one month.

5. Accordingly, all State NSS Officers(SNOs) and Regional Directors (RDs) of NSS are hereby directed to convey the instructions to the concerned Programme Officers of Schools/Colleges/Institutions/universities etc. at NSS Unit level to follow the procedure for withdrawal of an advance as per CNA manual and also settle the advance payment within the time limit given at Para-4 above. Further, all the State NSS Officers and Regional Directors of NSS are also directed to take a review on regular interval in this regard for timely utilization of funds for organizing the NSS activities.

6. This issues with the approval of the competent authority.

Encl: As above.

Yours faithfully



(Ravi Kumar Sinha)

Under Secretary to the Government of India

Tel. 011-23386390

रवि कुमार सिन्हा / Ravi Kumar Sinha
अवर सचिव / Under Secretary
युवा कार्यक्रम एवं खेल मंत्रालय
आयुक्त कार्यालय, नई दिल्ली
भारत सरकार, नई दिल्ली
Govt. of India, New Delhi

Copy to:- The Deputy Programme Adviser, Directorate of NSS, Shivaji Stadium Annex, New Delhi

प्रेषक

निदेशालय उच्चतर शिक्षा, हरियाणा,
शिक्षा सदन, सैक्टर-5, पंचकूला।

सेवा में

1. University NSS Programme Coordinators of Haryana State
2. District NSS Programme Coordinators of Haryana State
3. Polytechnic NSS Programme Coordinator of Haryana State


यादी क्रमांक:- DHE-230006/1/2020-NSS-DHE
दिनांक, पंचकूला 21.11.2023

विषय:- **ईकाई स्तरीय एन0एस0एस0 शिविरों में गिफ्ट या पौधा इत्यादि न देने बारे।**

.....
उपरोक्त विषय के संदर्भ में।

प्रायः यह देखने में आया है कि कुछ संस्थानों में एन0एस0एस0 के ईकाई स्तरीय शिविरों में आमंत्रित अधिकारियों/अतिथियों को एन0एस0एस0 कार्यक्रम समन्वयकों अथवा एन0एस0एस0 कार्यक्रम अधिकारियों द्वारा गिफ्ट या पौधा देकर उनका स्वागत किया जाता है।

अतः आपसे अनुरोध है कि आप अपने अधिनस्थ एन0एस0एस0 ईकाइयों को निर्देश देने का कष्ट करें कि ईकाई स्तरीय एन0एस0एस0 शिविरों में आमंत्रित किसी भी अधिकारी/अतिथि को किसी भी प्रकार का गिफ्ट इत्यादि न दिया जाये व यदि किसी प्रवक्ता या अधिकारी को ईकाई स्तरीय शिविर में व्याख्यान के लिये बुलाया जाता है तो उनको उनको एन0एस0एस0 फंड/ग्रान्ट से कोई TA/DA या Honorarium न दिया जाये। ईकाई स्तरीय एन0एस0एस0 शिविरों के लिये भेजी गई ग्रान्ट को नियमानुसार ही खर्च किया जाये।


राज्य रा0से0/10 अधिकारी
निदेशालय उच्चतर शिक्षा,
हरियाणा, पंचकूला।

21/11/23

From

Additional Chief Secretary to Govt. Haryana
Higher Education Department, Chandigarh

To

1. All Registrars of Centre & State Govt./Private University of Haryana
2. All Head of the Autonomus Institute in Haryana
3. All Principals of Govt./Aided/Private Colleges of Haryana
4. All Principals of Govt./Private Polytechnic Institute of Haryana
5. All Principals of Govt./Private School of Haryana

(Having NSS Units)

Memo No.- 15/8-2023 NSS (3)


Dated, Panchkula:- 22/08/2023

Subject:- Grant of Leave to the NSS Programme Officer in lieu of their participation in the Special Camping during Summer/Autumn/Winter Breaks/Vacations.

Kindly refer to the subject cited above.

I have been directed to inform you that according to the previously issued Department's Letter No. G-14/28-89 NSS (1) dated 26.02.90, one-third compensatory leave is being provided to the NSS Programme Officers of the concerned NSS Units for participating in the any type of seven days NSS camps and training programmes during winter/summer/autumn breaks/vacations.

Apart from this, it is also directed that the concerned Programme Officer can take 1/3 compensatory leave within one year after completion of camps during vacation.



Superintendent NSS
for Additional Chief Secretary to Govt. Haryana
Higher Education Department, Chandigarh

Endst. No. Even

Dated, Panchkula:- 22/08/2023

A copy is forwarded to the followings for the information and further necessary action: -

1. All Vice Chancellors of the State/Private Universities of Haryana.
2. Director General, Secondary Education, Haryana.
3. Director, Technical Education, Haryana
4. Director, National Service Scheme, Govt. of India, New Delhi.
5. Regional Director, Regional Directorate of NSS, New Delhi.
6. PS to ACSHE.
7. PS to DHE.
8. Nodal Officer, Polytechnic NSS Units of Haryana.
9. All University (GIA/SFU) NSS Programme Coordinator of Haryana.
10. All District/Polytechnic NSS Programme Coordinator of Haryana.
11. Incharge, IT Cell (Local) for uploading letter on portal.


Superintendent NSS
for Additional Chief Secretary to Govt. Haryana
Higher Education Department, Chandigarh

प्रेषक

निदेशक उच्चतर शिक्षा, हरियाणा,
शिक्षा सदन, सैक्टर-5, पंचकूला।

सेवा में

Principal

1. All Govt./Aided/Private Colleges
2. All Polytechnic Colleges
3. All Govt./Private Schools

(Where NSS Units are working)

यादी क्रमांक DHE-230002/2/2020-NSS-DHE
दिनांक, पंचकूला 24.01.2023

Subject:- Establishment of NSS Cell in College/School.

उपरोक्त विषय के संदर्भ में।

विषयांकित मामले में एन0एस0एस0 मैनुअल-2006 के "भाग-VI के अध्याय-I के बिन्दु

5" के संदर्भ में निर्देश जारी किये जाते हैं कि राष्ट्रीय सेवा योजना के बढ़ते महत्व के साथ कुछ

अवश्यक भौतिक सुविधायें जैसे एन0एस0एस0 सैल के लिये अलग कमरा, फर्नीचर व अन्य आवश्यक

वस्तुओं का प्रबन्ध संस्था अपने स्तर पर करवाने का कष्ट करें।

[Signature] 24/1/23
राज्य सेवा योजना अधिकारी
कृते निदेशक उच्चतर शिक्षा,
हरियाणा, पंचकूला।

पृ0 क्रमांक : सम

दिनांक पंचकूला 24.01.2023

इसकी एक प्रति निम्नलिखित को सूचनार्थ व आवश्यक कार्रवाई हेतु भेजी जाती है:-

1. Director General, Secondary Education, Haryana.
2. All University/Polytechnic/District NSS Programme Coordinators.

[Signature] 24/1/23
राज्य सेवा योजना अधिकारी
कृते निदेशक उच्चतर शिक्षा,
हरियाणा, पंचकूला।

प्रेषक

निदेशालय उच्चतर शिक्षा, हरियाणा,
शिक्षा सदन, सेक्टर-5, पंचकुला।

सेवा में

1. राज्य के सभी विश्वविद्यालयों के एन0एस0एस0 कार्यक्रम समन्वयक
2. राज्य के सभी जिला एन0एस0एस0 कार्यक्रम समन्वयक

यादी क्रमांक- 24/1-2023 NSS (3)

दिनांक, पंचकुला:- 18/05/2023

विषय:- भविष्य में आयोजित होने वाले एन0एस0एस0 शिविरों के आयोजन के दौरान महत्वपूर्ण बिन्दुओं पर ध्यान देने बारे।

उपरोक्त विषय के संदर्भ में।

विषयावलि मामले में वित्त वर्ष 2023-24 के राज्य सरकार द्वारा भविष्य में आयोजित होने वाले 5 राष्ट्रीय एकता शिविरों, 5 राज्य स्तरीय शिविरों तथा जिला स्तरीय शिविरों के आयोजन के दौरान निम्नलिखित बिन्दुओं पर ध्यान देना सुनिश्चित करें कि:-

1. शिविर के दौरान फ्लैक्स बैनर के स्थान पर कपड़े से बनाये गये बैनरों को प्राथमिकता दी जाए।
2. शिविर के सफलतापूर्वक आयोजन हेतु विभिन्न प्रकार की गतिविधियों के लिये कार्यक्रम अधिकारियों तथा स्वयंसेवकों के समन्वय से विभिन्न कमेटियों का गठन किया जाये।
3. प्रत्येक शिविर में स्वयंसेवकों के भोजन के दौरान प्लास्टिक/डिस्पोजल प्लेट व गिलास/अतिथियों के लिये पानी बोतल इत्यादि का इस्तेमाल प्रतिबन्धित है।
4. शिविर के दौरान भोजन बनाने में स्वयंसेवकों का सहयोग भी लिया जा सकता है जो कि स्वयंसेवकों के होम नर्सिंग स्किल के अंतर्गत किया जा सकता है।
5. शिविर के दौरान धूम्रपान, नशा इत्यादि की रोकथाम पर विशेष ध्यान दिया जाये।
6. शिविर के दौरान सांस्कृतिक कार्यक्रमों में देश भक्ति तथा सांस्कृतिक गीतों को प्राथमिकता दी जाये। शिविर के दौरान प्रतिदिन सायंकाल सांस्कृतिक व लोकनृत्य कार्यक्रमों का आयोजन किया जाये।
7. प्रतिभागियों को इतिहास व संस्कृति की जानकारी करवाने हेतु देश भक्ति फिल्मों का प्रदर्शन भी किया जा सकता है।
8. शिविर के दौरान स्वयंसेवक मोबाईल का इस्तेमाल कम से कम समय करें व मोबाईल का प्रयोग केवल आवासीय क्षेत्र में ही किया जाये।
9. शिविरों में आयोजित की जाने वाली गतिविधियों को प्रतिदिन सोशल मीडिया (Twitter, Facebook, You Tube etc.) पर रिपोर्ट/फोटोग्राफ/जानकारी अपलोड करना सुनिश्चित करें। शिविर की गतिविधियों का प्रकाशन समाचार पत्र में प्रकाशित किया जाए।
10. प्रत्येक शिविर में स्वयंसेवकों के रात्रि लहराव की उचित व्यवस्था की जाये तथा सुनिश्चित किया जाये कि शौचालय व स्नान क्षेत्र की साफ-सफाई की उचित व्यवस्था हो।
11. विद्यार्थियों के रहन सहन व सुरक्षा में किसी भी प्रकार की छूक न हो।
12. शिविरों के आयोजन के दौरान सुरक्षा के मददेनजर स्थानीय प्रशासन को भी सूचित करें।

राज्य राष्ट्रीय सेवा योजना अधिकारी
कृते निदेशालय उच्चतर शिक्षा, हरियाणा,
पंचकुला।

दिनांक पंचकुला: 18/05/2023

पृ० क्रमांक : सम

इसकी एक प्रति निम्नलिखित को सूचनार्थ व आवश्यक कार्रवाई हेतु भेजी जाती है:-

1. सभी एन0एस0एस0 कार्यक्रम अधिकारी।
2. ईथार्ज, आई0टी0 सैल, उच्चतर शिक्षा, हरियाणा को वेब पोर्टल पर अपलोड करने हेतु प्रेषित है।

राज्य राष्ट्रीय सेवा योजना अधिकारी
कृते निदेशालय उच्चतर शिक्षा, हरियाणा,
पंचकुला।

From

Additional Chief Secretary to Govt. Haryana
Higher Education Department, Chandigarh

To

Registrar

1. All Govt. University of Haryana
2. All Private University of Haryana
3. Central University of Haryana, Jat Pali, Mahendergarh

Memo No.- 15/1-2020 NSS (2) / 1

Dated, Panchkula:- 10.05.2023

Subject:- To award additional 5 marks to the NSS Merit Certificate holder volunteers during the Under Graduate courses/classes admission process from the academic session 2023-24.

Kindly refer to the subject cited above.

I have been directed to inform you that as per recommendation of the committee constituted for giving the weightage to NSS Merit Certificate holder students, the Government has decided that the additional 5 marks weightage is to be awarded to NSS Merit Certificate holder students of +2 class during the admissions process of Under Graduate Courses/Classes from academic session 2023-24.

Therefore, you are requested to grant 5 additional marks to NSS Merit Certificate holder students of +2 class during the admission of Under Graduate Courses/Classes from the academic session 2023-24 and the same may be consider for Under Graduate level NSS Merit Certificate holder students from the next academic session i.e. 2024-25 for admission process of Post Graduate courses/classes.


Superintendent NSS

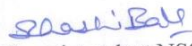
for Additional Chief Secretary to Govt. Haryana
Higher Education Department, Chandigarh

Endst. No. Even

Dated, Panchkula:- 10.05.2023

A copy is forwarded to the followings for the information and further necessary action: -

1. All Vice Chancellors of the Universities of Haryana.
2. Director General, Secondary Education, Haryana.
3. Director, Technical Education, Haryana
4. Director, National Service Scheme, Govt. of India, New Delhi.
5. Regional Director, Regional Directorate of NSS, New Delhi.
6. PS to ACSHE.
7. PS to DHE.
8. Nodal Officer, Polytechnical NSS Units of Haryana.
9. All University (GIA/SFU) NSS Programme Coordinator of Haryana.
10. All District/Polytechnic NSS Programme Coordinator of Haryana.
11. Supdt. Coordination Branch (Local) with a request to consider/include aforementioned direction/instruction in the guidelines of UG Courses/Class admission from the academic session 2023-24.
12. Supdt. UNP (Local).
13. Incharge, IT Cell (Local) with a request to consider/include aforementioned direction/instruction in the guidelines of UG Courses/Class admission from the academic session 2023-24 and upload the letter on portal.


Superintendent NSS

for Additional Chief Secretary to Govt. Haryana
Higher Education Department, Chandigarh

अति महत्वपूर्ण
प्रेषक

सेवा में

निदेशालय उच्चतर शिक्षा, हरियाणा,
शिक्षा सदन, सैक्टर-5, पंचकूला।

All District Education Officer
Haryana

यादी क्रमांक - 230008/9/2020 - NSS-DHE
दिनांक, पंचकूला - 05/7/2023

Subject:- Changing the mindset regarding NSS Activities-reg.

उपरोक्त विषय के संदर्भ में।
विषयांकित मामले में सूचित किया जाता है कि एन0एस0एस0 योजना के अंतर्गत वित्त वर्ष
दौरान आयोजित की जाने वाली नियमित गतिविधियों तथा सात दिवसीय विशेष शिविर सम्बन्धी दिशानिर्देश
विभाग द्वारा समय-समय पर जारी किये जाते हैं। परन्तु सोशल मीडिया पर प्रसारित संदेशों में कुछ
विद्यालयों के प्राचार्यों/कार्यक्रम अधिकारियों द्वारा अवकाश के दौरान विद्यालय समापन व खुलने के
समय/अन्य परिस्थितियों पर एकदिवसीय गतिविधियों के नाम पर एन0एस0एस0 स्वयंसेवकों के माध्यम से
साफ-सफाई (स्कूल कैम्पस से कटीली झाड़िया/घास-फूस हटवाने, जाले इत्यादि साफ कराने इत्यादि)
करवाने बारे मामला संज्ञान में आया है।

अतः अधीनस्थ सभी विद्यालय स्तरीय एन0एस0एस0 ईकाईयों के प्राचार्य/कार्यक्रम
अधिकारियों को निर्देश देने का कष्ट करें कि एन0एस0एस0 स्वयंसेवकों से एक दिवसीय विशेष शिविर या
अन्य गतिविधियों के नाम पर साफ-सफाई से सम्बन्धित कार्य एन0एस0एस0 मैनुअल अनुसार ही करवाया
जाये तथा इस विषय को ध्यान में रखा जाये कि राष्ट्रीय सेवा योजना की गतिविधियां समाज कल्याण एवं
छात्रों के व्यक्तित्व विकास हेतु है।

राज्य राष्ट्रीय सेवा योजना अधिकारी
कृते निदेशालय उच्चतर शिक्षा,
हरियाणा, पंचकूला।
05/07/2023

पृ0 क्रमांक : सम

दिनांक पंचकूला

इसकी एक प्रति निम्नलिखित को सूचनार्थ व आवश्यक कार्रवाई हेतु प्रेषित है:-

1. क्षेत्रीय निदेशक, क्षेत्रीय निदेशालय एन0एस0एस0, नई दिल्ली।
2. सभी विद्यालय स्तरीय ईकाईयों के प्राचार्य।
3. सभी विद्यालय स्तरीय ईकाईयों के एन0एस0एस0 कार्यक्रम समन्वयक।
4. सभी विद्यालय स्तरीय ईकाईयों के कार्यक्रम अधिकारी।

राज्य राष्ट्रीय सेवा योजना अधिकारी
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05/07/23

Aims of NSS Programmes/Activities

- 1.4 The operational aim of NSS is to integrate the three basic components of the programme. NSS programme should provide a variety of learning experiences which must develop a sense of participation, service and achievement among the volunteers. The activities should aim at the following:-
- (i) making education more relevant to the present situation to meet the felt needs of the community and supplement the education of the university/college students by bringing them face to face with the rural situation;
 - (ii) Providing opportunities to the students to play their role in planning and executing development projects which would not only help in creating durable community assets in rural areas and urban slums but also results in the improvement of quality of life of the economically and socially weaker sections of the community;
 - (iii) Encouraging students and non-students to work together along with the adults in rural areas;
 - (iv) Developing qualities of leadership by discovering the latent potential among the campers, both students as well as local youth (Rural and Urban), with a view to involve them more intimately in the development programme and also to ensure proper maintenance of the assets created during the camps;
 - (v) Emphasizing dignity of labour and self-help and the need for combining physical work with intellectual pursuits;
 - (vi) Encouraging youth to participate enthusiastically in the process of national development and promote national integration, through corporate living and cooperative action.

While undertaking these activities, each NSS unit should envisage its programmes/activities aimed at instilling discipline, building character, promotion of physical fitness and development of culture.

Classification of NSS Programme

- 1.5 NSS activities have been divided in two major groups. These are regular NSS activities and special camping programme –
- (a) **Regular NSS Activity:** Under this, students undertake various programmes in the adopted villages, college/school campuses and urban slums during week ends or after college hours;
 - (b) **Special Camping Programme:** Under this, camps of 10 days duration are organised in adopted villages or urban slums during vacations with some specific projects by involving local communities. 50% NSS volunteers are expected to participate in these camps. Special Camping programme under NSS has been dealt with in Part III in detail.
- 1.6 **NSS Regular Activities:** As stated above, NSS volunteers undertake various activities in adopted villages and slums for community service. Duration of these

services is 120 hours. The NSS units organise the regular activities as detailed below:

- (i) **Orientation of NSS volunteers:** To get the NSS volunteers acquainted with the basics of NSS programmes, 20 hours are allocated for their orientation through lectures, discussions, field visits and audio-visuals etc.
- (ii) **Campus Work:** The NSS volunteers may be involved in the projects undertaken for the benefit of the institution and students concerned. Such projects cover development of play grounds, laying of gardens, tree plantation in the premises, awareness programmes on drug-abuse, AIDS, population education and other projects. The NSS volunteers may work on campus projects for not exceeding 30 hours in a year;
- (iii) The remaining 70 hours will be utilized for community service on the projects in adopted villages/urban slums independently or in collaboration with others in this field, as detailed below:
 - (a) **Institutional work:** The students may be placed with selected voluntary organisations working for the welfare of women, children, aged and disabled outside the campus.
 - (b) **Rural Project:** The rural projects generally include the working of NSS volunteers in adopted villages for eradication of illiteracy, watershed management and wasteland development, agricultural operations, health, nutrition, hygiene, sanitation, mother and child care, family life education, gender justice, development of rural cooperatives, savings drives, construction of rural roads, campaign against social evils etc.
 - (c) **Urban Projects:** In addition to rural projects other include adult education, welfare of slum dwellers, training in civil defence, traffic control, setting up first-aid posts, work in hospitals, orphanages, destitute home, environment, population education, drug, AIDS awareness, and income generation projects etc. Professional and technical institutions having NSS may have to design appropriate programmes for the community based on the needs.
 - (d) **Natural calamities & National Emergencies:** The NSS units are expected to utilize the services of NSS volunteers at the time of natural calamities and national emergencies for mobilizing public support and rendering necessary assistance to the authorities in rescue, relief and rehabilitation. In such emergencies and calamities the Programme Officers are expected to take the initiative and offer the services of the NSS units and its volunteers to assist the administration. For further details please see page No.23 of the Manual.
 - (e) **National Days and Celebrations:** The National Service Scheme programmes also include the celebration of National days. The purpose of such a provision is to celebrate such occasions in a befitting manner. List

of important days and weeks to be celebrated at institutional level are given in Annexure-I.

- 1.7 **National Programmes:** In the development perspective of any nation, certain programmes assumes special relevance in view of problems existing or anticipated. In our country, three such programmes have been launched. They are the Mass Programme of Functional Literacy, AIDS Awareness Programme and Sustainable Development with emphasis on Watershed Management & Wasteland Development. It is pertinent to mention here that NSS Volunteers have come forward with zeal to make these programmes a great success.

In addition, NSS units and welfare agencies can take up joint community development projects and other programmes of community welfare and awareness depending on the local needs.

- 3.2 The NSS Programme Officers should plan activities in the adopted village or slum in such a way that the leisure time of the NSS volunteers can be utilized in the service of adopted village or slum. Week-end visits to the adopted areas provide suitable opportunities to live with the community and know their problems and make an earnest effort to do something for them. Similarly efforts should be made to follow up the work done in the areas earlier. Such sustained efforts will flower into friendship between the NSS unit and the community. These activities can be arranged through one day camps and frequent visits under regular activities.

4. National Service Volunteer Scheme (NSVS)

This scheme provides opportunities for outstanding Ex-NSS volunteers to undertake service oriented activities on a full time basis.

- 4.1 The placement of the volunteers is made with the university Programme Coordinators, colleges or institutions having NSS units. The NSS volunteers assist the concerned authorities in field work and projects concerning youth and community. They cannot be employed on any clerical or office work. The NSVs are given a stipend of Rs. 500/- per month, and a traveling allowance of Rs. 200/- per month and Rs. 100 as annual contingency expenditure. Selection of NSVs is made by a Committee constituted for this purpose. The placement of volunteer is for a period of one year initially which can be extended for another year subject to assessment of his/her performance. The stipend including traveling allowance and contingency expenditure is borne by the Department of Youth Affairs & Sports.
- 4.2 The Department of Youth Affairs & sports has published pamphlets on youth programmes. These pamphlets may be obtained from the Under Secretary, Publication Unit, Department of Youth Affairs & Sports, Shastri Bhawan, New Delhi-110001 or from NSS Regional Centres and Nehru Yuva Kendras.
- 4.3 The Department of Youth & Sports does not entertain proposals regarding any youth programmes directly from the sponsor. These proposals are processed at initial stage by the NSS Regional Centres in their respective region. Therefore, it is desirable that the Regional Centres are approached for detailed information for preparing such proposal in consultation with the Programme Coordinator of the University.
- 4.4 The authorities concerned with National Service Scheme sincerely desire that the benefit of these programmes should reach the NSS volunteers who are the target groups of these programmes.

5. Day Camps

Some universities have informed that NSS volunteers fail to complete the prescribed 120 hours in social work under NSS programme due to disturbance caused to academic session. It was therefore suggested that NSS units may be allowed to organize day camps to complete the prescribed 120 hours of NSS regular work. These camps of 8 hours

Suggestive list of activities during Regular as well as Special Camping

1.3 The aim of the Regular and special Camping Programme is to bring youth face to face with the community and make efforts to improve their life. The NSS volunteers are to devote about 80 hours in Regular Activities for the development of the adopted village. Special Camping has been conceived as an opportunity to live with that community for 10 days, and experience the conditions and problems of the people. The NSS volunteers need to be inspired to take initiatives for the improvement of their condition. Although the focus of the Special Camps change periodically and regular programmes are organised in response to the community needs at the micro-level, some broad areas of activities are enumerated below:-

(a) Environment Enrichment and Conservation: Whereas the main theme for the special camping programme would be "Youth for Sustainable Development", activities aimed at environment – enrichment would be organised under the sub-theme of "Youth for Better Environment". The activities under this sub-theme would inter-alia, include:

- (i) plantation of trees, their preservation and upkeep (each NSS unit should plant and protect at least 1000 saplings);
- (ii) creation of NSS parks/gardens, Tarun Treveni Vanas.
- (iii) Construction & maintenance of village streets, drains, etc. so as to keep the environment clean;
- (iv) Construction of sanitary latrines etc.
- (v) Cleaning of village ponds and wells;
- (vi) Popularization and construction of Gobar Gas Plants, use of non-conventional energy;
- (vii) Environmental sanitation, and disposal of garbage & composting;
- (viii) Prevention of soil erosion, and work for soil conservation,
- (ix) Watershed management and wasteland development
- (x) Preservation and upkeep of monuments, and creation of consciousness about the preservation of cultural heritage among the community.

(b) Health, Family Welfare and Nutrition Programme:

- (i) Programme of mass immunization;
- (ii) Working with people in nutrition programmes with the help of Home Science and medical college students;
- (iii) Provision of safe and clean drinking water;
- (iv) Integrated child development programmes;

- (v) Health education, AIDS Awareness and preliminary health care.
- (vi) Population education and family welfare programme;
- (vii) Life style education centres and counseling centres.

© Programmes aimed at creating an awareness for improvement of the status of women:

They may, inter-alia, include:

- (i) programmes of educating people and making them aware of women's rights both constitutional and legal;
- (ii) creating consciousness among women that they too contributed to economic and social well-being of the community;
- (iii) creating awareness among women that there is no occupation or vocation which is not open to them provided they acquire the requisite skills; and
- (iv) imparting training to women in sewing, embroidery, knitting and other skills wherever possible.

(d) Social Service Programmes:

Depending on the local needs and priorities, the following activities/programmes may be undertaken:-

- (i) work in hospitals, for example, serving as ward visitors to cheer the patients, help the patients, arranging occupational or hobby activities for long term patients; guidance service for out-door-patients including guiding visitors about hospital's procedures, letter writing and reading for the patients admitted in the hospital; follow up of patients discharged from the hospital by making home visits and places of work, assistance in running dispensaries etc.
- (ii) work with the organisations of child welfare;
- (iii) work in institutions meant for physically and mentally handicapped;
- (iv) organising blood donation, eye pledge programmes;
- (v) work in Cheshire homes, orphanages, homes for the aged etc.;
- (vi) work in welfare organisations of women;
- (vii) prevention of slums through social education and community action;

(e) Production Oriented Programmes:

- (i) working with people and explaining and teaching improved agricultural practices;
- (ii) rodent control and pest control practices;
- (iii) weed control;
- (iv) soil-testing, soil health care and soil conservation;
- (v) assistance in repair of agriculture machinery;
- (vi) work for the promotion and strengthening of cooperative societies in villages;
- (vii) assistance and guidance in poultry farming, animal husbandry, care of animal health etc.;
- (viii) popularization of small savings and

- (ix) assistance in procuring bank loans

(f) Relief & Rehabilitation work during Natural Calamities:

These programme would enable the students to understand and share the agonies of the people affected in the wake of natural calamities like cyclone, flood, earthquakes, etc. The main emphasis should be on their participation in programmes, and working with the people to overcome their handicaps, and assisting the local authorities in relief and rehabilitation work in the wake of natural calamities. The NSS students can be involved in:-

- (i) assisting the authorities in distribution of rations, medicine, clothes etc.;
- (ii) assisting the health authorities in inoculation and immunization, supply of medicine etc.;
- (iii) working with the local people in reconstruction of their huts, cleaning of wells, building roads etc.;
- (iv) assisting and working with local authorities in relief and rescue operation;
- (v) collection of clothes and other materials, and sending the same to the affected areas;

(g) Education and Recreations:

Activities in this field could include:

- (i) adult education (short-duration programmes);
- (ii) pre-school education programmes;
- (iii) programmes of continuing education of school drop outs, remedial coaching of students from weaker sections;
- (iv) work in crèches;
- (v) participatory cultural and recreation programmes for the community including the use of mass media for instruction and recreation, programmes of community singing, dancing etc.;
- (vi) organisation of youth clubs, rural and indigenous sports in collaboration with Nehru Yuva Kendras;
- (vii) programmes including discussions on eradications of social evils like communalism, casteism, regionalism, untouchability, drug abuse etc.;
- (viii) non-formal education for rural youth and
- (ix) legal literacy, consumer awareness.

- 1.4 The above is only an illustrative list of the type of activities that can be undertaken. Under the programme it would be open to each NSS Unit to undertake one of these programmes or any other activity which may seem desirable to them according to local needs. The NSS Unit should aim at the integrated development of the area selected for its operation which could be a village or a slum. It has also to be ensured that at least a part of the programme does involve manual work.